

HEALTHCARE MATTERS

TOWN TOPICS

Artis Senior Living

Memory Care guided by positivity, purpose, and passion.

As we look back over our lives, it's our experiences that define who we are. While dementia may slowly erode a person's memories and cognitive skills, the core of a person's identity and passions remain and the ability to be genuinely happy and purposeful in the moment are ever-present. So, when it comes to memory care in a community setting, the delivery of daily care must be as one-of-a-kind as the people receiving it.

That's the foundation of The Artis Way — the unwavering philosophy of Artis Senior Living, which offers a refreshingly different approach to memory care. "When you change the way you operate from 'we can't do that!' to 'why not?,' amazing things happen!"

Artis care partners collaborate with families to learn every detail about their residents to find opportunities for meaningful experiences as often as possible. When presented with a request from residents or families, instead of saying "no," Artis care partners say, "why not?" They really try to give people back the aspects of them that their families thought were gone for good.

We are thankful for our Artis care team, who genuinely loves to make the seemingly impossible possible and prides itself on the moments they've been able to create for memory care residents and their families. Care partners at Artis ensure that the disease doesn't define a person, their indomitable spirit does.

For more information on Memory Care the Artis Way, go to TheArtisWay.com/TownTopics.

Capital Health Cancer Center

Capital Health Cancer Center, located at Capital Health Medical Center - Hopewell, is the area's most advanced provider of cancer treatment delivered by some of the most experienced medical experts, led by Medical Director Dr. Cataldo Doria. At our center, a team of physicians from related fields such as medical oncology, radiation oncology, gynecological oncology, neurosurgery, hepato-pancreato-biliary surgery, interventional GI and pulmonology, radiology, plastic and reconstructive surgery, colorectal surgery, thoracic surgery, breast surgery, urology oncology, and other specialties collaborate and provide patients with a network of physicians trained in the most complex oncology issues.

The Center for Comprehensive Breast Care provides a complete range of breast care under one roof, from annual screenings and advanced diagnostics to genetic testing, leading-edge oncology care, and a high risk breast cancer program.

The Center is accredited by the National Accreditation Program for Breast Centers (NAPBC), a program of the American College of Surgeons. At the Center for Comprehensive Breast Care, you'll have access to the latest medical technologies. You will find physicians who can address a variety of breast related conditions, either malignant in nature (cancerous) or benign. You will also benefit from a warm, patient-centered environment that even includes a spa.

The Center offers a full range of breast care, from cancer to cysts, abscesses, lesions, breast pain, and other breast-related disorders. Breast cancer patients are cared for by a team that collaborates closely to ensure they receive the most effective treatment. Depending on the nature of your problem, that team could include a breast surgeon, radiologist, medical oncologist, radiation oncologist, plastic surgeon, rehabilitation services, and more. They are led by the Center's director, Dr. Lisa Allen, who trained at the MD Anderson Cancer Center in Texas, where she was part of the largest multidisciplinary breast team in the country.

According to the National Cancer Institute at the National Institutes of Health, prostate cancer is a disease in which cancer cells form in the tissues of the prostate (a gland in the male reproductive system located below the bladder and in front of the rectum). Prostate cancer is found mainly in older men, which is why its symptoms can be confused with benign prostatic hyperplasia (BPH), a noncancerous condition where the prostate becomes enlarged and causes trouble during urination or sex.

You should visit your doctor if you experience one or more of the following symptoms: weak or interrupted urination; frequent urination (especially at night); pain or burning during urination; blood in the urine or semen; constant pain in the back, hips or pelvis; and painful ejaculation.

At the Capital Health Cancer Center, our multidisciplinary team offers a variety of treatment options to develop a comprehensive, individualized treatment plan that is convenient for patients and referring physicians. Treatment options may include one or more of the following options: chemotherapy, radiation therapy (using either the TrueBeam Linear Accelerator or CyberKnife Robotic Radiosurgery System), and minimally invasive surgery (using the da Vinci® Surgical System).

Our Center also participates in various clinical trials that offer patients the very latest in cancer care while giving physicians and researchers the opportunity to study the effectiveness of the treatment. For more

information, visit capitalhealth.org/cancer.

Eugenie Brunner, MD, FACS

A surgeon's hands, an artist's eye, a woman's touch in facial plastic surgery. At our state-of-the-art facial plastic surgery practice and laser center located in Princeton, we are dedicated to providing the safest, most effective surgical and non-surgical cosmetic procedures available.

Led by double board-certified facial plastic surgeon and Princeton native Eugenie Brunner, MD, FACS, our friendly and knowledgeable medical team are experts in creating natural-looking results that optimize the inherent beauty of every patient. Our practice is founded on the philosophy that each patient has unique needs and deserves exceptional care. Whether seeking a hydrating facial treatment or comprehensive aesthetic enhancement, we will provide a welcoming, attentive environment and customized experience that places the individual's needs and goals at the forefront. Visit brunnermd.com or call (609) 921-9497.

Maker's Place "In Honor of Mom" Fundraiser

This Mother's Day, the Maker's Place, a nonprofit diaper bank in Trenton, New Jersey, is raising money to support struggling moms. Last year, over a thousand mothers, grandmothers, and other caregivers contacted the organization for help. That's a 100 percent increase in requests for diapers since the start of the COVID-19 pandemic, says the Rev. Michael Reed, a United Methodist pastor and one of the founders of the Maker's Place. With the onset of the COVID-19 pandemic, families have struggled to afford basic essentials — essentials like diapers.

"When we started our diaper bank a few years ago, I kept thinking we were going to run out," Reed says. "Now, we're giving out 120,000 diapers a year, to more than 2,000 children annually. People continue to pitch in — churches, local families in Trenton, everybody plays a part — and we always seem to have enough to give away."

Launched in 2018, the Maker's Place began as a way for people of faith to connect with neighbors in practical ways. "The whole purpose of Christian faith is to bring about the kingdom of God, the abundant community," Reed says. "The potential for that is already present in our communities — it's all around us."

To support their work with local mothers this year, Maker's Place is hosting their "In Honor of Mom" fundraiser. "We're inviting folks to give in honor of a special mom in their life, and help a local mom struggling here in Trenton," says Reed. Donors who give



MAGNET HOSPITAL: The nurses and senior leadership at Saint Peter's University Hospital celebrate achieving Magnet designation, the highest honor for nursing service excellence that any hospital can receive. Saint Peter's is one of only five hospitals worldwide to have been designated as a Magnet hospital by the American Nurses Credentialing Center of the American Nurses Association for six consecutive terms.

before Mother's Day, May 9, will receive a personalized letter of recognition for their honoree, letting them know that a contribution has been made in their honor to provide diapers for a Mercer County mom. Donations can be made online at makers-place.org/give, or by writing to P.O. Box 54, Trenton NJ 08601.

"Our goal is to connect neighbors with neighbors, and watch this community grow," Reed says. "It's a work in progress, but it's gratifying to help thousands of families, in big ways and small."

Princeton University COVID-19 Vaccination Clinics

Princeton University will host a series of COVID-19 vaccination clinics open to the public beginning Thursday, May 6. The State of New Jersey Department of Health is making available more than 2,000 first doses of the Pfizer vaccine that will be administered in clinics at Jadwin Gym on campus at these dates and times: Thursday, May 6 from 10 a.m. to 2 p.m.; Tuesday, May 11 from 9 a.m. to 5 p.m.; and Wednesday, May 12 from 11 a.m. to 7 p.m.

You must be available to receive your second dose three weeks after the first shot. Second appointments will be scheduled automatically on May 27, 10 a.m. to 2 p.m.; June 1, 9 a.m. to 5 p.m.; and June 2, 11 a.m. to 7 p.m.

Anyone age 16 or older who wishes to receive the vaccine at these campus clinics should register with New Jersey's Vaccine Scheduling System (covidvaccine.nj.gov) to secure an appointment.

St. Peter's Healthcare System

The COVID-19 pandemic brought many unforeseen challenges to health care workers, especially nurses. Throughout the pandemic our nurses were redeployed to new assignments, yet always responding with grace and determination to care for critically ill patients.

Saint Peter's Healthcare System salutes its nursing staff, led by Vice President of Patient Care Services and Chief Nursing Officer Linda Carroll, MSN, RN-BC, for going above the call of duty during this time. We have one of the highest rates of nationally certified nurses, evidence beyond licensure that our nurses have validated their expertise through a rigorous national exam, establishing core competencies and reinforcing current protocols of care.

Saint Peter's University Hospital is one of only five hospitals worldwide to have been designated as a Magnet® hospital by the American Nurses Credentialing Center of the American Nurses Association for six consecutive terms. Magnet denotes the highest honor for nursing service

excellence.

Saint Peter's critical care nursing units have received the prestigious Beacon Award for Critical Care Excellence from the American Association of Critical Care Nurses. The award recognizes hospitals that utilize evidence-based practices to improve patient outcomes and a healthy work environment. The hospital's Beacon recipients include the Adult Intensive Care Unit, the Neonatal Intensive Care Unit, and the Cardiac Progressive Care Unit.

Saint Peter's was the only hospital to receive the 2021 Clinical Healthy Work Environment Award presented by Sigma Theta Tau, recognizing a clinical facility that is committed to promoting a healthy work environment and excellence in health care outcomes.

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May 19th

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